

Abused Men in Scotland

Scottish Charity Number - SC0041467

Report and Independently Examined
Financial Statements
for the year ended
31 March 2024

Contents

| | Page |
|-----------------------------------|---------|
| Trustees report | 3 – 13 |
| Independent examiners report | 14 |
| Statement of Financial Activities | 15 |
| Balance Sheet | 16 |
| Notes to the Financial Statements | 17 - 23 |

Charity contact information and administrative details

Abused Men in Scotland (AMIS)

Scottish Charity Number SC041467

Administrative office

Mayfield Farmhouse

5 Eskview Road

Dalkeith EH22 5EA

Telephone number

0131 447 7449

Email address

contact@amis.org.uk

Website

amis.org.uk

Bankers

Bank of Scotland

Mound Edinburgh EH1 1YZ

Independent examiner

Chris Smith BSc (Hons) FCIE

Governing document

AMIS is a SCIO governed by its Constitution, last

updated in March 2021.



Charity Trustees on date of approval of Annual Report

- 1. Chair currently vacant
- 2. Hilary Saunders (secretary)
- 3. Alison Waugh (acting treasurer)
- 4. Aadil Anwar
- 5. Charles Bird
- 6. Alison Tulloch
- 7. Allister Murdoch (joined Dec 2023)
- 8. Victor Selthare (joined Dec 2023)

Other Trustees during the financial year 2023-24

Matthew Withey (resigned 03/09/24)

The organisation's purposes are:

- To support men who are experiencing or who have experienced domestic abuse, and also to offer advice to those concerned about the position of such men and their children.
- To work with any man aged 16 or over concerned about domestic abuse, regardless of sexuality, transgender status or history, age, dis/ability, religion, race, nationality or ethnic origin.
- To advance education by distributing educational information relating to, undertaking training and research in, and raising public awareness of, domestic abuse experienced by men and their children.
- To promote full recognition for male victims of domestic abuse and their affected children.
- To promote specialist services to help relieve the isolation, distress and hardship faced by male victims and enable men and their children to recover from domestic abuse.
- To advance the equality, safety, dignity and health (both physical and mental) of male victims of domestic abuse.
- To promote early intervention and prevention of domestic abuse.



Structure, Governance and Management

AMIS is a two-tier Scottish Charitable Incorporated Organisation (SCIO) governed by its Constitution. All trustees are members, and there are currently four members who are not trustees.

Trustee recruitment and appointment

AMIS trustees, subject to a recruitment procedure, may be co-opted to the board or elected at an AGM. The Constitution sets a maximum number of trustees at ten and the minimum at three. We have been working with Datakirk to increase numbers and diversity within the board.

Context

AMIS was established in 2010, launching Scotland's only dedicated helpline for male victims of domestic abuse, by a group of people who had come together as either male victims of domestic abuse or family and friends of such victims. This group had tried and failed to identify appropriate support and submitted a petition to Holyrood highlighting the lack of recognition of male victims in both policy and services. (NB in Scotland, the phrase "domestic abuse" is defined as abuse between intimate partners, and does not include other familial abuse.)

Men experience domestic abuse in all its forms, including physical, psychological, financial, sexual, controlling, and isolating. Since 2018, the legal definition of domestic abuse has included coercive control, thus allowing for prosecution



following persistent abusive or controlling behaviour even though individual incidents might not constitute a crime. Men commonly experience this form of abuse, and a particular issue for fathers can be the restriction of contact with their children. One client noted that during an argument with his wife in front of their children she told him:

"Promise the kids you won't ever leave them... If you leave me, I will make life difficult for you... You won't see them (the kids) again."

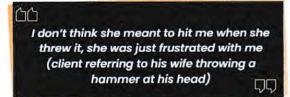


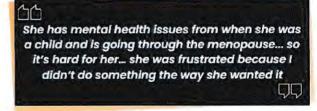
Many victims are also afraid, with justification, that the perpetrator will make counterallegations and that these might well be believed,

Dealing with the aftermath of domestic abuse, whoever the victim, is enormous in terms of cost to society. Agencies involved can include child protection, the police, the judiciary, substance abuse services, and the NHS. Scottish government estimates, based on a study in England, put the cost to the public purse of domestic abuse in Scotland as £2.3 billion per annum. In 2022-23, 16% of cases reported to Police Scotland involved a male victim and a female perpetrator; this percentage has not materially changed in recent years, and while it is known that not all incidents are reported to the police it remains clear that this type of domestic abuse involves a considerable cost to the public purse.

Male victims of domestic abuse need validation. They need to know that they will be believed, that they are not alone, that they are not to blame, and that help is available. Supporters of and advocates for male victims can still encounter some resistance to recognition and also need to feel validated and supported. Assumptions about masculinity and male behaviour seem to be quite a big barrier for male victims to overcome and it takes a lot for them to come forward:







AMIS remains Scotland's only specialised provider of help and support for abused men, and the majority of those seeking support do come to AMIS. Alternative support is patchy but includes FearFree (a SACRO project) providing face-to-face support for men and GBTQI+ in some geographical regions and COVASS in Nairn and Aviemore. There are three safe homes in Scotland accessible to men (and women). COVASS runs these in Aviemore.

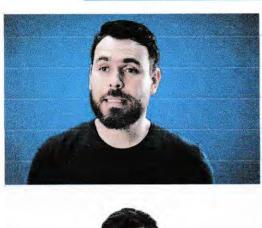
Our helpline support staff and volunteers provide non-judgmental listening support, assess needs, assist with safety planning, provide information and reassurance, as survivors strive to recognise and move on from the abuse.



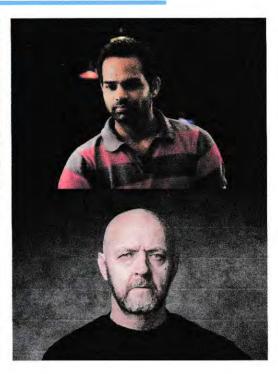
Ongoing support is available, for example, during court cases, which may concern false accusations and child contact issues. Referrals to and from other organisations include Childline, Shared Parenting Scotland, criminal justice social workers, Police Scotland, and several other organisations.

Clients generally express gratitude for our staff being there for them and having someone they can speak to who understands and validates their situation.

"Many, many thanks for the invaluable support over the last three months..... and for all the prompt phone calls!"







Case Studies (all names changed)

Rohan was homeless after leaving an abusive relationship. AMIS gave him weekly emotional support phone calls and helped him to co-ordinate a plan for a fresh start including signposting him to housing, immigration and mental health support. A year later he is hoping to study to become a teacher here in Scotland and said his mental health has improved dramatically. He is currently applying for a permanent home through the council and for the first time in three years he has been able to fly home to visit his family after his visa recently coming through. He said that these positive changes would not have happened had it not been for AMIS helping him in the early days.

.....



Ryan contacted us while out on the street on the day he left his abusive partner Liam. He took the bus but his partner had followed him in his car and he was very scared. Amongst other issues, he was a victim of financial and economic abuse as well as enforced social isolation so he had no money and no one he could count on for somewhere to stay.

Ryan told us that he loved Liam and was willing to be compliant day to day. But drink made Liam openly violent and unpredictable towards Ryan and he was very fearful on those days.

The situation which made him flee arose from a serious assault by Liam on Ryan which leaves him with permanent facial scarring. Liam coerced Ryan into writing a letter saying there had been no assault and it was an accident so that the court case against Liam would be dropped. Ryan wrote the letter because he was scared of what Liam would do to him if he didn't; and to try to break the link between them of the ongoing court case because he knew after that attack that he had no choice but to try to run away.

Unfortunately, we had to explain to Ryan that there were no refuges or supported safe accommodation for male victim/survivors of domestic abuse in Scotland. But we made him aware of his right to emergency accommodation as a person fleeing domestic abuse and supported him in feeling safe and gaining more permanent accommodation thereafter.

Annette called as she was concerned about her elderly father who was in an abusive relationship. At the end of the 40 minute call she said that the advice given had been really useful and it had really helped to talk it through with someone who could clarify what was really going on.

Rob was signposted to AMIS by FearFree for ongoing emotional support; he stated that he is so grateful for the weekly appointments as it helps him get his thoughts out in a safe space and knows he won't be judged and always understood. Speaking to AMIS has slowly helped him move on from his abusive relationship.

It is clear from feedback, such as the quotes from clients below, that much more support is needed:

"I am in the Highlands where there is ZERO support for men. I pursued all support routes throughout the whole of Scotland and nothing is available for men except AMIS."

"Children of men in emotionally abusive relationships in Scotland I still feel receive virtually no recognition or support."



"As the stay at home parent our health visitor was unable to support me, because I'm a man. Our mediation service I felt was not equipped to deal with the kind of experiences I had had."

"I just wanted to write to say how grateful I am for the support given to me by AMIS over nearly 22 months. Without the support of AMIS I do not know where my life would have been."

"There is only one support route for men in Scotland and that is AMIS."

Achievements and Performance

AMIS is funded mainly by the Tudor Trust, the National Lottery Community Fund, and the Scottish Government Victim at the Centre Fund. We also receive donations from generous members of the public and benefactors. We are undergoing development and growth to meet our objectives. Secure funding has enabled us to employ two new members of staff during the past year: a training and development officer and a volunteer co-ordinator, and also to increase staffing hours on the helpline.

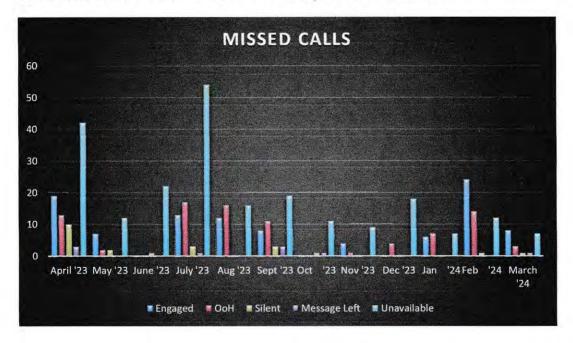
Direct Support

The chart below shows a breakdown of the nature of the contacts we had with clients. The high number of ongoing support contacts along with the trend for greater numbers of new clients reflects increasing awareness of our organisation and high levels of satisfaction with our service amongst clients and referring agencies. It also suggests there is still an unmet need.





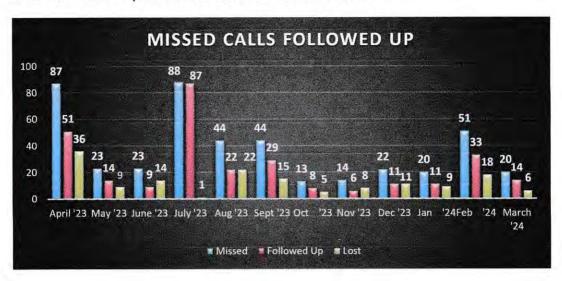
This second chart shows a breakdown of our missed calls for the year, revealing a need for further increases in staffing for the helpline especially during festive and holiday periods. The high levels of out of hours (Ooh) calls evidences a need to extend helpline cover to weekends and evenings. We are currently recruiting volunteers, some of whom will service the helpline at these times.



Our helpline staff are committed to making sure that as far as possible, we speak to everyone who reaches out to us for support through our helpline. The final chart below illustrates an increasing level of success. Unfortunately, where a caller is unsafe because he still lives with his abuser, or where we may place him at greater



risk by returning a call without the clients express permission to do so, we must accept that those clients may be lost to us unless they can call back at another time. This is a more hidden consequence of helpline staff unavailability and understaffing which we feel compelled to record and raise awareness of.



Indirect support

While our first priority is to provide direct support to victims who need it, another key facet of our work is to raise awareness of the particular difficulties faced by male victims of domestic abuse. Our increase in staffing levels has enabled us to engage much more fully with other stakeholders, including offering awareness raising sessions and training. In this way we can try to influence policies, approaches and responses to male victims of abuse. We aim to maximise our profile and influence within Scotland's Executive, Judiciary and Legislative functions as well as within other public and private organisations. We have major high-level projects developing in each of these branches.

Scottish Government Domestic Homicide Review (DHR) Task Force

We continue to promote and advance the position of our client group at the full Taskforce meetings and more particularly at the Sub-group meetings where the issues are distilled down and recommendations made to the full taskforce to then propose to the Scottish Government. We have been invited to sit on the first of the four envisaged 'task and finish' groups. This group is to look specifically at domestic abuse related suicides. We campaigned robustly to make sure deaths by suicide were included within Scotland's DHR model and are pleased to say that the Cabinet Secretary for Justice agrees with us.



Review of The Investigation and Prosecution of Sexual Offences in Scotland

The CEO is part of a focus group of third-sector experts taking part in this review of the work of the Crown Office and Procurator Fiscal Service, commissioned by the Lord Advocate. Rape Crisis Scotland supports male victims of rape and sexual assault and supports AMIS's input into this review. We await sight of the draft review for comment (expected at the end of 2024).

Scottish Law Commission - Review of Civil Remedies for Domestic Abuse

We sit on the Advisory Group of the Scottish Law Commission (SLC) Aspects of Family Law project. Phase 2 of the family law project focuses on the existing regime of civil remedies for domestic abuse. There has been very clear feedback from a range of practitioners and support organisations to the SLC that the current regime is confused and confusing and is not offering the protection that victims and survivors of domestic abuse need. The SLC sought engagement with AMIS "to provide invaluable expertise in relation to domestic abuse experienced men along with views, guidance and input which are essential in helping the SLC shape the soon to be published Discussion Paper".

Police Scotland Domestic Abuse Force Forum

We attend meetings of this group, and already can see an improvement in the numbers of police referrals to AMIS (in fact, these have more than doubled).

Other activities

We continue to deliver awareness-raising sessions to staff of public bodies, for example, Police Scotland and legal staff at the Crown Office and Procurator Fiscal Service.

We continue to develop relationships with other organisations, e.g. Victim Support Scotland, and to take part in research projects.

AMIS's work with the Equality and Human Rights Commission led to the publication of a report in November 2023 called 'Is Scotland Fairer'. AMIS was instrumental in raising awareness which led to the Commission conducting research and publishing findings which evidenced that Scotland is not fairer for male victims of domestic abuse.

Further qualitative research found that victims of abuse....... said that there were not enough services to support sexual and domestic abuse victims except when abuse was by male perpetrators against female victims (page 242 Equality and Human Rights Monitor: Is Scotland Fairer?)



Financial Review

With an income of £87,091 (2023: £266,477) and expenditure of £130,457 (2023: £105,128), AMIS has a deficit for the year of £43,366 (2023: surplus £161,349). The deficit was deducted from funds brought forward at the start of the year so that on 31 March 2024, AMIS held total funds of £250,372 (2023: £293,738). These funds consisted of £36,540 (2023: £26,978) in the unrestricted fund, which can be spent at the trustees' discretion and £213,832 (2022: £266,760) in the restricted fund, which has to be spent as specified by donors, see note 4.

The majority of AMIS's funding for 2023-24 £74,082 (2023: £248,553) is grant funding. Donations amounted to £12,913 (2023: £17,824). £96 was earned from bank interest. Most of AMIS's expenditure is salary costs, £116,146 (2023: £85,012) for the staff who carry out our charitable activities. Further staffing-related costs (recruitment, training, travel, clinical support, and payroll) amounted to £3,344 (2023: £7,013. Governance costs (accounts examination and insurance) came to £1,742; office costs, £4,024 (2023: £11,720).

Policy on Reserves

AMIS keeps aside sufficient reserves to pay for potential redundancy payments and ongoing commitments other than salaries. We are working to build funds to keep three months' operational budget in reserve. At our increasing spending levels, this should be around £50,000. That would provide a sufficient amount for three months' continuing operation or redundancies if necessary. On 31 March 2024, the charity held free reserves of £33,060 (2023: £26,978). Though we have not yet met our target, an additional £20,000 is built in by one of our funders for any redundancies at the end of the three-year period.

Donated facilities and services

AMIS currently benefits from the use of office space without charge at the house of our CEO. The value of this for the accounting year would be in the region of £3,600.

Declaration

| Signed on behalf | of the charity trustees: |
|------------------|--------------------------|
| Print name | HILARY SAMBERS |
| Designation | SECRETARY TO THE BOARD |
| Date | 24.11.24 |



Independent Examiner's Report

I report on the financial statements of Abused Men in Scotland (SC0041467) for the year ended 31 March 2024 which are set out on pages 15 to 23.

Responsibilities and basis of report

The charity's trustees are responsible for the preparation of the accounts in accordance with the requirements of the Charities and Trustee Investment (Scotland) Act 2005 ("the 2005 Act") and the Charities Accounts (Scotland) Regulations 2006 ("the 2006 Regulations").

I have satisfied myself that the charity is not subject to audit under Regulation (10)(1)(a)-(c) of the 2006 Regulations and is eligible for independent examination. I have therefore examined your charity's accounts as required under section (44)(1)(c) of the 2005 Act and Regulation 11 of the 2006 Regulations. In carrying out my examination I have followed the guidance issued to independent examiners by the Office of the Scottish Charity Regulator (OSCR).

My role is to state whether any material matters have come to my attention giving me cause to believe:

- 1. that accounting records were not kept as required by section 44(1)(a) of the 2005 Act and Regulation 4 of the 2006 Regulations; or
- 2. that the accounts do not accord with those records; or
- 3. that the accounts do not comply with the accounting requirements of Regulation 8 of the 2006 Regulations; or
- 4. that there is further information needed for a proper understanding of the accounts.

Independent examiner's statement

I have completed my examination and I have no concerns in respect of any of the above and I have found no other matters that require drawing to your attention.

Chris Smith BSc (Hons) FCIE

Glascairn Cottage

Aytounhill

Cupar

Fife KY14 6JH

Date: 3/12/24



Statement of Financial Activities For the year ended 31 March 2024

| | Note | Unrestricted Funds | Restricted Funds | 2024 Total | 2023 Total |
|--------------------------|------|-----------------------|---------------------|---------------|---------------|
| | - | £ | £ | £ | £ |
| Income from: | | | | | |
| Donations & grants | 5 | 12,913 | 74,082 | 86,995 | 266,377 |
| Charitable activities | | - | - | + | 100 |
| Investments | | 96 | 4 | 96 | |
| Total income | | 13,009 | 74,082 | 87,091 | 266,477 |
| Expenditure on: | | | | | |
| Charitable activities | 6 | 4,820 | 125,637 | 130,457 | 105,128 |
| Total expenditure | | 4,820 | 125,637 | 130,457 | 105,128 |
| Net income/(expenditure) | | 8,189 | (51,555) | (43,366) | 161,349 |
| Transfers | | 1,373 | (1,373) | + | - |
| Net movement in funds | | 9,562 | (52,928) | (43,366) | 161,349 |
| Reconciliation of Funds | | | | | |
| Funds brought forward | | 26,978 | 266,760 | 293,738 | 132,389 |
| Net movement in funds | | 9,562 | (52,928) | (43,366) | 161,349 |
| Funds carried forward | | 36,540 | 213,832 | 250,372 | 293,738 |

The statement of financial activities includes all gains and losses recognised in the period. All income and expenditure derive from continuing activities. The notes on pages 17 to 23 form an integral part of these accounts.



Balance Sheet At 31 March 2024

| | Note | Unrestricted Funds | Restricted Funds | 2024 Total | 2023 Total |
|---------------------------|------|-----------------------|------------------|---------------|---------------|
| | | £ | £ | £ | £ |
| Fixed Assets | | | | | |
| Tangible assets | 7 | 3,480 | = 2 | 3,480 | 3,175 |
| Current Assets | | | | | |
| Debtors | 8 | 1 - | 131,191 | 131,191 | 224,882 |
| Prepayments | 9 | • | 1,399 | 1,399 | 12 |
| Cash at bank & in hand | | 33,060 | 81,882 | 114,942 | 69,023 |
| Total current assets | | 33,060 | 214,472 | 247,532 | 293,905 |
| Current Liabilities | | | | | |
| Creditors | 10 | | 640 | 640 | 3,342 |
| Total current liabilities | | | 640 | 640 | 3,342 |
| Net current assets | | 33,060 | 213,832 | 246,892 | 290,563 |
| Net assets | | 36,540 | 213,832 | 250,372 | 293,738 |
| Funds of the Charity | | | | | |
| Unrestricted funds | | 36,540 | | 36,540 | 26,978 |
| Restricted funds | | | 213,832 | 213,832 | 266,760 |
| Total Funds | | 36,540 | 213,832 | 250,372 | 293,738 |

The notes on pages 17 to 23 form an integral part of these accounts.

Declaration

| Approved by the c | harity trustees and signed on their behalf by: |
|-------------------|--|
| Print name | HILARY SAUNDERS |
| Designation | SECRETARY TO THE BOARD |
| Date | 24.11.24 |



Notes to the Financial Statements For the year ended 31 March 2024

1 Basis of Preparation

1.1 Basis of accounting

These accounts have been prepared on the basis of historic cost in accordance with: -

- (a) The Charities & Trustee Investment Act (Scotland) Act 2005, and
- (b) The Charities Accounts (Scotland) Regulations 2006 as amended
- (c) Financial Reporting Standard 102 (FRS102) (Effective January 2015),
- (d) Charities SORP (FRS 102) (2nd edition effective January 2019)

No changes have been made to the basis of preparation or to the previous year's accounts.

- **1.2**. In preparing the accounts, the trustees were not required to make any judgements that would have a material effect on the numbers reported.
- **1.3** The charity meets the definition of a public benefit entity as defined by FRS102.
- **1.4** The charity is dependent on the continuing support of donors. However, the trustees have no reason to consider that this will not continue or that there are any material uncertainties about the charity's ability to continue as a going concern.

2 Accounting Polices

2.1 Form of Financial Statements

The charity maintains two types of funds for accounting purposes: -

- (a) A general unrestricted fund that can be expended at the discretion of the trustees on furthering the objects of the charity, and
- (b) Restricted funds that may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes.

2.2 Income

- (a) Income is recognised and included in the Statement of Financial Activities (SOFA) when the charity becomes entitled to the resources; their receipt is probable; and the monetary value can be measured with sufficient reliability.
- (b) Where income has related expenditure the income and related expenditure are reported gross in the SOFA.
- (c) Funds received in advance and which specifically relate to a future accounting period are treated as deferred income.



2.3 Expenditure & Liabilities

- (a) Expenditure is accounted for on an accruals basis.
- (b) Liabilities are recognised as soon as there is a legal or constructive obligation to pay out resources; it is probable they will be paid and the monetary value can be measured with sufficient reliability.

2.4 Assets

- (a) Tangible fixed assets are capitalised if they have a value greater than £300 and have an economic life of more than one year. They are valued at cost or, if gifted, at their value on receipt.
- (b) Depreciation is calculated to write off the cost of tangible assets over their useful economic life

2.5 Debtors

- (a) Debtors are recognised at the settlement amount due
- (b) Prepayments are valued at the amount prepaid

2.6 Cash

Cash at bank and in hand includes cash and bank deposits repayable on demand

2.7 Creditors

- (a) Creditors are recognised where the charity has an obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due can be measured or estimated reliably. Creditors are normally recognised at their settlement amount, usually the invoice amount.
- (b) Accrued charges are normally valued at their settlement amount.

2.8 Taxation

The charity is not liable to income or capital gains tax on its charitable activities. Irrecoverable VAT is included in the asset cost or expense to which it relates.

3. Trustee Remuneration, Expenses & Related Party Transactions

The Charity's insurance policy includes Trustee Indemnity Insurance for its trustees. No other remuneration was paid to any trustees or connected persons during the year.

No out-of-pocket expenses were paid to trustees during the year.

There were no other related party transactions during the year.



4. Restricted Funds

During the year the charity maintained the following restricted funds:

- Volunteer recruitment, training and support funded by Charles Haywood Foundation
- Senior support and training officer funded by Tudor Trust
- Helpline and Local Hero Project funded by the National Lottery Community Fund
- Development and delivery of training funded by the Scottish Government
- Scottish Government Victim Centred Approach funded by the Scottish Government
- The Helpline with funding from Foundation Scotland.

4.1 Movement in restricted funds

| Fund | Opening balance | Income | Expenditure | Transfers | Closing balance |
|---|-----------------|------------------|-------------|-----------|-----------------|
| | £ | £ | £ | £ | £ |
| Volunteer recruitment, training & support | 4,000 | 6 | 5 | ă. | 4,000 |
| Senior support & training officer | 96,470 | /G <u>-</u> | 12,667 | 546 | 83,803 |
| Helpline & Local Hero Project | 157,420 | 1 - 1 | 38,641 | • | 118,779 |
| Development of training resources | 7,250 | m ā i | 0.20 | 4. | 7,250 |
| Scottish Government Victim Centred Approach Fund | 131 | 74,082 | 72,709 | (1,373) | 4 |
| Helpline | 1,620 | | 1,620 | - | - |
| Total | 266,760 | 74,082 | 125,637 | (1,373) | 213,832 |

The transfer of £1,373 from the Victim Centred Approach fund represents the value of equipment that once purchased satisfied the restriction and was transferred to the unrestricted fund.

| 5. Donations & grants | 2024 Total | 2023 Total |
|-------------------------------------|---------------|---------------|
| | £ | £ |
| General donations | 12,913 | 17,824 |
| The National Lottery Community Fund | 3 | 177,257 |
| The Scottish Government | 74,082 | 71,296 |
| Total | 86,995 | 266,377 |



| 6. Expenditure on charitable activities | Note | 2024 Total | 2023 Total |
|---|------|---------------|---------------|
| | | £ | £ |
| Independent examination | 11 | 554 | 558 |
| Depreciation | | 1,068 | 794 |
| Equipment | | 8 | 519 |
| Sundries | | 80 | 163 |
| Insurance | | 1,188 | 825 |
| Clinical supervision | | 41 | 1,960 |
| Memberships & subscriptions | | 821 | 774 |
| Office supplies | | 590 | 805 |
| Payroll | | 812 | 730 |
| Postage | | 259 | 15 |
| Publicity | | ¥ | 68 |
| Rent | | 3,600 | 3,600 |
| Recruitment | | 1,210 | 1,068 |
| Staff costs | 12 | 116,146 | 85,012 |
| Training | | 1,873 | 3,120 |
| Internet & telephone | | 1,987 | 4,978 |
| Travel | | 261 | 135 |
| Volunteer expenses | | | 4 |
| Total | | 130,457 | 105,128 |

| 7. Tangible Assets | Fixtures fittings & equipment |
|---------------------|-------------------------------------|
| | £ |
| Cost | |
| At 1 April 2023 | 3,969 |
| Additions | 1,373 |
| At 31 March 2024 | 5,342 |
| Depreciation | |
| At 1 April 2023 | 794 |
| Charge for the year | 1,068 |
| At 31 March 2024 | 1,862 |
| Net book value | |
| At 1 April 2024 | 3,480 |
| At 31 March 2023 | 3,175 |



| 8.Debtors | 2024 Total | 2023 Total |
|-----------------------------|---------------|---------------|
| | £ | £ |
| National Lottery | 74,205 | 124,510 |
| Tudor Trust | 39,000 | 78,000 |
| Scottish Government | 17,986 | 22,372 |
| Total | 131,191 | 224,882 |
| | 2024 | 2023 |
| 9. Prepayments | Total | Total |
| | £ | £ |
| Clinical supervision | 1,120 | 1.9 |
| Payroll | 279 | |
| Total | 1,399 | |
| 10. Creditors | 2024 Total | 2023 Total |
| To. Ordanors | £ | £ |
| Now Pensions | 398 | - 2 |
| SCVO | 242 | 3,342 |
| Total | 640 | 3,342 |
| | | |
| 11. Independent Examination | 2024 Total | 2023 Total |
| The mapping Examination | £ | £ |
| Independent examination | 350 | 350 |
| Preparation of accounts | 204 | 208 |
| Total | 554 | 558 |
| 40.04 (6.04) | 2024 | 2023 |
| 12. Staff Costs | Total | Total |
| | £ | £ |
| Salaries | 110,135 | 82,447 |
| Employers NI | 3,205 | 1,376 |
| Employers Pension | 2,806 | 1,189 |
| Total | 116,146 | 85,012 |

No employee received remuneration of more than £60,000 (2022: None).

The average monthly number of employees during the year was 6 (2023: 4).

The company operates a defined contribution pension scheme in respect of its employees. The assets are held by independent managers. The employer's pension of £2,806 (2023: £1,189) represents contributions due from the charity for the year.



13. Previous year information
In order to comply with FRS 102 to show corresponding amounts for the previous year for every figure in the financial statements and notes (not just the prior year totals), corresponding figures not provided elsewhere in these accounts are set out below:

13.1 Statement of Financial Activities for 2023

| | | Unrestricted Funds | Restricted Funds |
|-------------------------------------|---|--------------------|------------------|
| Income from: | | £ | £ |
| Donations & grants | 5 | 17,824 | 248,553 |
| Charitable activities | | 100 | 4 |
| Total income | | 17,924 | 248,553 |
| Expenditure on: | | | |
| Charitable activities | 6 | 4,794 | 100,334 |
| Total expenditure | | 4,794 | 100,334 |
| Net income/(expenditure) | | 13,130 | 148,219 |
| Transfers | | 3,969 | (3,969) |
| Net movement in funds | | 17,099 | 144,250 |
| Reconciliation of Funds | | | |
| Funds brought forward | | 9,879 | 122,510 |
| Net movement in funds | | 17,099 | 144,250 |
| Funds carried forward | | 26,978 | 266,760 |
| 13.2 Balance Sheet at 31/3/2023 | | Unrestricted | Restricted Funds |
| 13.2 Balance Sneet at 31/3/2023 | | Funds | £ |
| Fixed Assets | | ~ | - |
| Tangible assets | 7 | 3,175 | - |
| Current Assets | | | |
| Debtors | 8 | -2 | 224,882 |
| Prepayments | | - | 45.000 |
| Cash at bank & in hand | | 23,803 | 45,220 |
| Total current assets | | 23,803 | 270,102 |
| Current Liabilities | 0 | | 2 242 |
| Creditors Total current liabilities | 9 | | 3,342 3,342 |
| Net current assets | | 23,803 | 266,760 |
| Net assets | | 26,978 | 266,760 |
| Funds of the Charity | | | |
| Unrestricted funds | | 26,978 | 2430 |
| Restricted funds | | 20.000 | 266,760 |
| Total Funds | | 26,978 | 266,760 |



13.3 Movement in restricted funds in 2022/23

| Fund | Opening balance | Income | Expenditure | Transfers | Closing balance |
|---|-----------------|---------|-------------|--------------|-----------------|
| | £ | £ | £ | £ | £ |
| Volunteer recruitment, training & support | 4,000 | - | 4 | 6 | 4,000 |
| Senior support & training officer | 109,640 | - C-C | 13,170 | - | 96,470 |
| Helpline & Local Hero Project | - | 177,257 | 19,837 | 7 <u>-</u> - | 157,420 |
| Development of training resources | 7,250 | | | Fig. | 7,250 |
| Scottish Government Victim Centred Approach Fund | | 71,296 | 67,327 | (3,969) | - |
| Helpline | 1,620 | | | | 1,620 |
| Total | 122,510 | 248,553 | 100,334 | (3,969) | 266,760 |